



**Gift
Certificates
Available!**

NUTRITIOUS MEALS:

Prepared daily by our chef who holds a National Food Managers Certification in our commercial kitchen.

DELIVERED TO YOUR DOOR*:

Between 11 am & 1 pm, Monday – Friday

**Or curbside pickup at The Workshop.*

AVAILABLE TO:

Residents of all ages in Galena, Elizabeth and Hanover.

JUST 4 EASY STEPS TO SIGN UP:

1. Call the Workshop to receive your Welcome Packet in the mail.
Or visit online to download Welcome Packet.
2. Fill out application.
3. Choose days you would like to receive meals.
4. Return your information to us along with your payment.

